

**Your Mind: An Owner's Manual For A Better Life By
Christopher Cortman**

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So says Harold Shinitzky, co-author with Christopher Cortman, of Your Mind: An Owner's Manual for a Better Life. Both men are practicing psychologists in Florida.

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Oct 20, 2009 Licensed psychologists Dr. Christopher Cortman and Dr. Harold Shinitzky, co-authors of the new book "Your Mind: An Owner's Manual for a Better Life

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