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Jul 23, 2015 Rebeca Alessi is a graduate of the 200-hour Karuna Yoga Teacher Training Program and is certified by Yoga Ed to teach yoga in the schools, grades K 8.

Lisa flynn (author of yoga for children)

Lisa Flynn is the author of Yoga for Children 200+ Yoga Poses, Breathing Exercises, and Meditations for Healthier, Happier, More Resilient Children 4.34 of 5

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Lisa flynn | childlight yoga llc | zoominfo.com

Lisa Flynn ChildLight Yoga was founded to encourage an early practice of yoga and relaxation, providing children with a foundation for more. Background

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